

Composition of Feedings for Infants

All products are RTF except EleCare® and Similac® PM 60/40

Nutrients	Preterm					Preterm Human Milk	Human Milk Fortification			Term												
	Similac® Special Care® 20	Similac® Special Care® 24	Similac® Special Care® 24 High Protein	Similac® Special Care® 30	Similac® NeoSure®		Preterm Human Milk (HM)	SHMF Pwd + Preterm HM (ratio 1 pkt:25 mL HM)	SHMF CL + Preterm HM (ratio 1 pkt:25 mL HM)	SHMF HP CL + Preterm HM (ratio 1 pkt:25 mL HM)	Similac® 360 Total Care®	Similac® Pro-Advance®	Similac® Organic (Base & A2 milk)	Similac® 360 Total Care® Sensitive	Similac® Pro-Sensitive®	Similac® Pro-Total Comfort®	Similac® Soy Isomil®	Similac® For Spit-Up NON-GMO	Similac® Alimentum®	EleCare® for Infants	Similac® PM 60/40	Similac® w Iron 24
Nutrients Per	1 L	1 L	1 L	1 L	1 L	1 L	1 L	1 L	1 L	1 L	1 L	1 L	1 L	1 L	1 L	1 L	1 L	1 L	1 L	1 L	1 L	1 L
Cal per fl oz	20	24	24	30	22	20	24	24	24	20	20	20	20	20	20	20	20	20	20	20	20	24
Calories	676	812	812	1014	744	671	790	790	790	676	676	676	676	676	676	676	676	676	676	676	676	806
Volume, mL	1000	1000	1000	1000	1000	1000	1000	1000	1000	1000	1000	1000	1000	1000	1000	1000	1000	1000	1000	1000	1000	1000
Protein, g	20.29	24.34	26.8	30.4	20.83	14.09	23.46	23.41	28.41	13.99	13.99	13.99	14.19	14.19	15.68	16.55	14.19	18.6	21	15	16.37	
% of total Calories	12	12	13	12	11	8	12	12	15	8	8	8	8	8	8	10	8	11	15	9	8	
Source	Nonfat milk, whey protein conc	Nonfat milk, whey protein conc	Nonfat milk, whey protein conc	Nonfat milk, whey protein conc	Nonfat milk, whey protein conc	Preterm HM	Preterm HM, nonfat milk, whey protein conc	Preterm HM, nonfat milk, whey protein conc	Preterm HM, casein hydrolysate	Nonfat milk, whey protein conc	Nonfat milk, whey protein conc	Organic nonfat milk	Milk protein isolate	Milk protein isolate	Whey protein hydrolysate	Soy protein isolate, L-MET	Milk protein isolate	Casein hydrolysate, L-CYS, L-TYR, L-TRP	Free L-amino acids	Whey protein conc, sodium caseinate	Nonfat milk, whey protein conc	
Fat, g	36.72	44.07	44.07	67.1	40.92	38.93	41.41	41.4	39.44	36.49	36.49	38.06	36.49	36.49	36.49	36.89	36.49	37.47	32.5	37.9	44.35	
% of total Calories	47	47	47	57	49	52	47	46	44	49	49	50	49	49	49	49	49	48	43	50	50	
Source	MCT, soy & coconut oils (0.25% DHA; 0.40% ARA)	MCT, soy & coconut oils (0.25% DHA; 0.40% ARA)	MCT, soy & coconut oils (0.25% DHA; 0.40% ARA)	MCT, soy & coconut oils (0.21% DHA; 0.33% ARA)	Soy, coconut, & MCT oils (0.25% DHA; 0.40% ARA)	Preterm HM	Preterm HM, MCTs	Preterm HM, MCTs	Preterm HM, MCTs, soy & coconut oils	High oleic safflower, soy & coconut oils (0.15% DHA; 0.40% ARA)	High oleic safflower, soy & coconut oils (0.15% DHA; 0.40% ARA)	Organic high oleic sunflower, soy & coconut oils (0.15% DHA, 0.4% ARA)	High oleic safflower, soy & coconut oils (0.15% DHA, 0.4% ARA)	High oleic safflower, soy & coconut oils (0.15% DHA, 0.4% ARA)	High oleic safflower, soy & coconut oils (0.15% DHA; 0.40% ARA)	High oleic safflower, soy & coconut oils (0.15% DHA; 0.40% ARA)	Safflower oil, MCTs & soy oil (0.15% DHA, 0.40% ARA)	High oleic safflower oil, MCTs & soy oil (0.15% DHA, 0.40% ARA)	High oleic safflower, soy & coconut oils	High oleic safflower oil, coconut and soy oils (DHA, ARA)		
Oil Ratio	50:30:18	50:30:18	50:30:18	50:30:18	45:29:25	Not available	Not available	Not available	Not available	40:30:29	40:30:29	40:30:29	40:30:29	40:30:29	40:30:29	40:30:29	40:30:29	38:33:28	39:33:28	41:30:29	40:30:29	
Linoleic Acid, mg	4734	5681	5681	7101	5579	3691	3594	3109	3676	6757	6757	5811	6757	6757	6757	6757	6757	12850	5683	6763	7016	
Carbohydrate, g	69.7	83.6	81	78.4	75.1	66.4	82.2	82.4	80.37	74.32	74.32	70.27	73.65	73.65	72.3	70.27	74.32	69	72.4	69	85.48	
% of total Calories	41	41	40	31	40	40	42	42	41	43	43	42	43	43	43	41	43	41	42	41	42	
Source	Corn syrup solids, lactose	Corn syrup solids, lactose	Corn syrup solids, lactose	Corn syrup solids, lactose	Corn syrup solids, lactose	Preterm HM	Preterm HM, corn syrup solids, lactose	Preterm HM, corn syrup solids, lactose	Preterm HM, maltodextrin, modified comstarch	Lactose, 5 HMOs	Lactose, 2'-FL HMO, FOS	Organic lactose, FOS	Maltodextrin, sugar, 5 HMOs	Maltodextrin, sugar, 2'-FL HMO, FOS	Corn syrup solids, sugar, 2'-FL HMO, FOS	Corn syrup, sugar, FOS	Corn syrup, rice starch, sugar, GOS	Sugar, modified tapioca starch, 2'-FL-HMO	Corn syrup solids	Lactose	Lactose	
Vitamins																						
Vitamin A, IU	8454	10144	10144	12681	2604	3899	9834	9816	9816	2027	2027	2027	2027	2027	2029	2027	2027	2029	1847	2029	2387	
Vitamin D, IU	1014	1217	1217	1522	521	20	1188	1183	1183	405	405	405	405	405	405	405	405	304	406	406	419	
Vitamin E, IU	27.1	32.5	32.5	40.6	26.8	10.7	41.6	42.3	42.3	10.1	10.1	10.1	10.1	10.1	10.1	10.1	10.1	20.3	14.2	10.1	12.1	
Vitamin K, mcg	81.2	97.4	97.4	122	81.8	2	82.8	81.7	81.7	54.1	54.1	54.1	54.1	54.1	54.1	74.3	54.1	101	88	54	96.8	
Thiamin (Vitamin B1), mcg	1691	2029	2029	2536	1302	208	2471	1773	1773	676	676	676	676	676	676	405	676	406	1421	676	774	
Riboflavin (Vitamin B2), mcg	4193	5032	5032	6290	1116	483	4531	4503	2869	1014	1014	1014	1014	1014	1014	608	1014	609	710	1014	1395	
Vitamin B6, mcg	1691	2029	2029	2536	744	148	2198	1760	1790	405	405	405	405	405	405	405	405	406	570	406	565	
Vitamin B12, mcg	3.72	4.46	4.46	5.58	2.98	0.47	6.69	3.1	4.72	1.69	1.69	1.69	1.69	1.69	1.69	3.04	1.69	3.04	2.7	1.7	2.82	
Niacin, mcg	33815	40578	40578	50722	14506	1503	36225	35920	33919	7095	7095	7095	7095	7095	7095	9122	7095	9130	11366	7101	5403	
Folic Acid, mcg	250	300	300	375	186	33	256	260.7	260.7	101.4	101.4	101.4	101.4	101.4	101.4	101.4	101.4	101	200	101	96.8	
Pantothenic Acid, mcg	12850	15419	15419	19274	5951	1805	16364	11804	11838	3041	3041	3041	3041	3041	3041	3041	3041	5072	2848	3043	4758	
Biotin, mcg	250	300	300	375.3	67.0	4	257.1	257	196.7	29.7	29.7	29.7	29.7	29.7	29.7	30.4	29.7	30.4	28.4	30.4	35.5	
Vitamin C, mg	250	300	300	375	112	107	348	346.2	346.2	60.8	60.8	60.8	60.8	60.8	60.8	60.8	60.8	61	61	61	121	
Choline, mg	68	81	81	101	119	94	109	108.3	108.3	162.2	162.2	162.2	162.2	162.2	162.2	162.2	162.2	81	101	81	129	
Inositol, mg	271	325	325	406	260	147.7	181.3	179.7	179.7	162.2	162.2	162.2	162.2	162.2	162.2	33.8	162.2	33.8	35	162	47.6	
Minerals																						
Calcium, mg (mEq)	1217(60.7)	1461(72.9)	1461(72.9)	1826(91.3)	781(39.0)	248(12.4)	1381(68.9)	1370(68.5)	1207(60.3)	527(26.4)	527(26.4)	527(26.4)	568(28.4)	568(28.4)	709(35.8)	709(35.8)	568(28.4)	710(35.4)	785(39.2)	379(18.9)	637(31.9)	
Phosphorus, mg	676	812	812	1014	461	128	777	770	673	284	284	284	378	378	507	507	378	507	570	189	339	
Magnesium, mg	81.2	97.4	97.4	122	67.0	30.9	98.2	99	95.7	40.5	40.5	40.5	40.5	40.5	40.5	50.7	40.5	50.7	56.8	40.6	56.5	
Iron, mg	12.2	14.6	14.6	18.3	13.4	1.21	4.58	4.7	4.67	12.16	12.16	12.16	12.16	12.16	12.16	12.16	12.16	12.17	12.2	4.7	14.52	
Zinc, mg	10.14	12.17	12.17	15.22	8.9	3.42	13.07	13	13.19	5.07	5.07	5.07	5.07	5.07	5.07	5.07	5.07	5.07	7.8	5.1	5.56	
Manganese, mcg	81	97	97	122	74	6	76	75	78.4	33.8	33.8	33.8	33.8	33.8	33.8	168.9	33.8	54	568	34	40.3	
Copper, mcg	1691	2029	2029	2536	893	644	2283	1040	1037	608	608	608	608	608	608	507	608	507	852	609	556	
Iodine, mcg	41	49	49	61	112	107	105	110	103	101	101	101	101	101	101	101	101	101	60	41	113	
Selenium, mcg	14	16	16	20	17.1	14.8	19.2	20	20	14	14	14	14	14	14	14	14	14	17.6	14	16	
Sodium, mg (mEq)	291(12.6)	349(15.2)	349(15.2)	436(19.0)	245(10.7)	248(10.8)	388(16.9)	370(16)	374(16.2)	162(6.8)	162(6.8)	162(6.8)	203(8.8)	203(8.8)	297(12.8)	297(12.8)	203(8.8)	298(12.9)	304(13.2)	162(7)	218(9.5)	
Potassium, mg (mEq)	872(22.3)	1047(26.8)	1047(26.8)	1308(33.5)	1056(27.0)	570(14.6)	1169(29.9)	1180(30.2)	1175(30.1)	709(18.2)	709(18.2)	709(18.2)	723(18.2)	723(18.2)	797(20.3)	730(18.9)	723(18.2)	798(20.3)	1015(26)	541(13.8)	944(24.1)	
Chloride, mg (mEq)	548(15.5)	657(18.6)	657(18.6)	821(23.2)	558(15.7)	550(15.5)	906(25.6)	890(25.1)	892(25.2)	439(12.2)	439(12.2)	439(12.2)	439(12.2)	439(12.2)	439(12.2)	419(2.2)	439(12.2)	541(15.5)	406(11.5)	399(11.3)	524(14.8)	
Other Characteristics																						
PRSL, mOsm	188.2	225.8	240	282.3	187.4	125.6	231.5	231	256	126.4	126.7	126.4	133.2	133.2	151.4	154.1	133.2	171.3	187	124.1	153	
Water, g	899	885	885	852	893	879	856	850	843	899	899	899	899	899	899	899	899	899	895	899	839	
Osmolality, mOsm/kg H2O	235	280	280	325	250	290	385	385	450	310	310	300	200	200	200	200	180	370	350	280	380	

Nutrients per 100 mL	High-Calorie HMF Options ([PTHM + SHMF HP CL] + SSC 30)		
	Fortified Human Milk (FHM) = PTHM (25 mL) + SHMF HP CL (1 pkt)	Fortified Human Milk (FHM) = PTHM (25 mL) + SHMF HP CL (1 pkt)	Fortified Human Milk (FHM) = PTHM (25 mL) + SHMF HP CL (1 pkt)
Ratios	Mix 2 parts FHM + 1 part SSC 30	Mix 1 part FHM + 1 part SSC 30	Mix 1 part FHM + 2 parts SSC 30
Cal per fl oz	26	27	28
Calories	87	90	94
Volume, mL	100	100	100
Protein, g	2.9	2.94	2.98
Fat, g	4.85	5.31	5.78
Carbohydrate, g	7.96	7.92	7.91
Vitamins			
Vitamin A, IU	1075	1122	1173
Vitamin D, IU	129	135	

Composition of Feedings for Infants

All products are RTF except EleCare® and Similac® PM 60/40

Nutrients	Preterm					Preterm Human Milk	Human Milk Fortification			Term												
	Similac® Special Care® 20	Similac® Special Care® 24	Similac® Special Care® 24 High Protein	Similac® Special Care® 30	Similac® NeoSure®		Preterm Human Milk (HM)	SHMF Pwd + Preterm HM (ratio 1 pkt:25 mL HM)	SHMF CL + Preterm HM (ratio 1 pkt:25 mL HM)	SHMF HP CL + Preterm HM (ratio 1 pkt:25 mL HM)	Similac® 360 Total Care®	Similac® Pro-Advance®	Similac® Organic (Base & A2 milk)	Similac® 360 Total Care® Sensitive	Similac® Pro-Sensitive®	Similac® Pro-Total Comfort®	Similac® Soy Isomil®	Similac® For Spit-Up NON-GMO	Similac® Alimentum®	EleCare® for Infants	Similac® PM 60/40	Similac® w Iron 24
Nutrients Per	100 Cal	100 Cal	100 Cal	100 Cal	100 Cal	100 Cal	100 Cal	100 Cal	100 Cal	100 Cal	100 Cal	100 Cal	100 Cal	100 Cal	100 Cal	100 Cal	100 Cal	100 Cal	100 Cal	100 Cal	100 Cal	100 Cal
Cal per fl oz	20	24	24	30	22	20	24	24	24	20	20	20	20	20	20	20	20	20	20	20	20	24
Calories	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100
Volume, mL	148	124	124	99	134	149	127	126	126	148	148	148	148	148	148	148	148	148	148	148	148	124
Protein, g	3.0	3.0	3.3	3.0	2.8	2.1	2.97	2.95	3.58	2.07	2.07	2.07	2.1	2.1	2.32	2.45	2.1	2.75	3.1	2.2	2.03	
% of total Calories	12	12	13	12	11	8	12	12	15	8	8	8	8	8	8	10	8	11	15	9	8	
Source	Nonfat milk, whey protein conc	Nonfat milk, whey protein conc	Nonfat milk, whey protein conc	Nonfat milk, whey protein conc	Nonfat milk, whey protein conc	Preterm HM	Preterm HM, nonfat milk, whey protein conc	Preterm HM, nonfat milk, whey protein conc	Preterm HM, casein hydrolysate	Nonfat milk, whey protein conc	Nonfat milk, whey protein conc	Organic nonfat milk	Milk protein isolate	Milk protein isolate	Whey protein hydrolysate	Soy protein isolate, L-MET	Milk protein isolate	Casein hydrolysate, L-CYS, L-TYR, L-TRP	Free L-amino acids	Whey protein conc, sodium caseinate	Nonfat milk, whey protein conc	
Fat, g	5.43	5.43	5.43	6.61	5.5	5.8	5.24	5.23	4.98	5.4	5.4	5.63	5.4	5.4	5.4	5.46	5.4	5.54	4.8	5.6	5.5	
% of total Calories	47	47	47	57	49	52	47	46	44	49	49	50	49	49	49	49	49	48	43	50	50	
Source	MCT, soy & coconut oils (0.25% DHA; 0.40% ARA)	MCT, soy & coconut oils (0.25% DHA; 0.40% ARA)	MCT, soy & coconut oils (0.25% DHA; 0.40% ARA)	MCT, soy & coconut oils (0.21% DHA; 0.33% ARA)	Soy & coconut oils, MCTs (0.25% DHA; 0.40% ARA)	Preterm HM	Preterm HM, MCTs	Preterm HM, MCTs	Preterm HM, MCTs, soy & coconut oils	High oleic safflower, soy & coconut oils (0.15% DHA; 0.40% ARA)	High oleic safflower, soy & coconut oils (0.15% DHA; 0.40% ARA)	Organic high oleic sunflower, soy & coconut oils (0.15% DHA, 0.4% ARA)	High oleic safflower, soy & coconut oils (0.15% DHA, 0.4% ARA)	High oleic safflower, soy & coconut oils (0.15% DHA; 0.40% ARA)	High oleic safflower, soy & coconut oils (0.15% DHA; 0.40% ARA)	High oleic safflower, soy & coconut oils (0.15% DHA; 0.40% ARA)	High oleic safflower, soy & coconut oils (0.15% DHA; 0.40% ARA)	Safflower oil, MCTs & soy oil (0.15% DHA; 0.40% ARA)	High oleic safflower oil, MCTs & soy oil (0.15% DHA, 0.40% ARA)	High oleic safflower, soy & coconut oils	High oleic safflower oil, coconut and soy oils (DHA, ARA)	
Oil Ratio	50:30:18	50:30:18	50:30:18	50:30:18	45:29:25	Not available	Not available	Not available	Not available	40:30:29	40:30:29	40:30:29	40:30:29	40:30:29	40:30:29	40:30:29	40:30:29	38:33:28	39:33:28	40:30:29	40:30:29	
Linoleic Acid, mg	700	700	700	700	750	550	455	392	464	1000	1000	860	1000	1000	1000	1000	1000	1900	840	1000	870	
Total Carbohydrate, g	10.3	10.3	10.0	7.73	10.1	9.9	10.4	10.4	10.14	11	11	10.4	10.9	10.9	10.7	10.4	11	10.2	10.7	10.2	10.6	
% of total Calories	41	41	40	31	40	40	42	42	41	43	43	42	43	43	43	41	43	41	42	41	42	
Source	Corn syrup solids, lactose	Corn syrup solids, lactose	Corn syrup solids, lactose	Corn syrup solids, lactose	Corn syrup solids, lactose	Preterm HM	Preterm HM, corn syrup solids, lactose	Preterm HM, corn syrup solids, lactose	Preterm HM, maltodextrin, modified cornstarch	Lactose, 5 HMOs	Lactose, 2'-FL HMO, FOS	Organic lactose, FOS	Maltodextrin, sugar, 5 HMOs	Maltodextrin, sugar, 2'-FL HMO, FOS	Corn syrup solids, sugar, 2'-FL HMO, FOS	Corn syrup, sugar, FOS	Corn syrup, rice starch, sugar, GOS	Sugar, modified tapioca starch, 2'-FL HMO	Corn syrup solids	Lactose	Lactose	
Vitamins																						
Vitamin A, IU	1250	1250	1250	1250	350	581	1245	1238	1238	300	300	300	300	300	300	300	300	300	273	300	296	
Vitamin D, IU	150	150	150	150	70	3	150	149	149	60	60	60	60	60	60	60	60	45	60	60	52	
Vitamin E, IU	4.0	4.0	4.0	4.0	3.6	1.6	5.3	5.3	5.3	1.5	1.5	1.5	1.5	1.5	1.5	1.5	1.5	3.0	2.1	1.5	1.5	
Vitamin K, mcg	12	12	12	12	11	0.3	10	10.3	10.3	8	8	8	8	8	8	11	8	15	13	8	12	
Thiamin (Vitamin B1), mcg	250	250	250	250	175	31	313	224	224	100	100	100	100	100	100	100	100	60	210	100	96	
Riboflavin (Vitamin B2), mcg	620	620	620	620	150	72	574	568	362	150	150	150	150	150	150	150	150	90	105	150	173	
Vitamin B6, mcg	250	250	250	250	100	22	278	222	226	60	60	60	60	60	60	60	60	60	84.2	60	70	
Vitamin B12, mcg	0.55	0.55	0.55	0.55	0.40	0.07	0.85	0.39	0.6	0.25	0.25	0.25	0.25	0.25	0.25	0.45	0.25	0.45	0.4	0.3	0.35	
Niacin, mcg	5000	5000	5000	5000	1950	224	4587	4532	4279	1050	1050	1050	1050	1050	1050	1350	1050	1350	1680	1050	670	
Folic Acid, mcg	37	37	37	37	25	5	32	32.9	32.9	15	15	15	15	15	15	15	15	15	29.5	15	12	
Pantothenic Acid, mcg	1900	1900	1900	1900	800	269	2072	1489	1494	450	450	450	450	450	450	750	450	750	421	450	590	
Biotin, mcg	37	37	37	37	9	0.6	32.6	32.4	24.8	4.4	4.4	4.4	4.4	4.4	4.4	4.5	4.4	4.5	4.2	5	4.4	
Vitamin C, mg	37	37	37	37	15	16	44	43.7	43.7	9	9	9	9	9	9	9	9	9	9	9	15	
Choline, mg	10	10	10	10	16	14	14	13.7	13.7	24	24	24	24	24	24	24	24	12	15	12	16	
Inositol, mg	40	40	40	40	35	22	22.9	22.7	22.7	24	24	24	24	24	24	24	24	5	5.1	24	5.9	
Minerals																						
Calcium, mg (mEq)	180 (9.0)	180 (9.0)	180 (9.0)	180 (9.0)	105 (5.2)	37 (1.9)	175 (8.7)	173 (8.7)	152 (7.6)	78 (3.9)	78 (3.9)	78 (3.9)	84 (4.2)	84 (4.2)	105 (5.25)	105 (5.25)	84 (4.2)	105 (5.2)	116 (5.8)	56 (2.8)	79 (3.9)	
Phosphorus, mg	100	100	100	100	62	19	98	98	85	42	42	42	56	56	75	75	56	75	84.2	28	42	
Magnesium, mg	12	12	12	12	9	4.6	12.4	12.5	12.1	6	6	6	6	6	7.5	7.5	6	7.5	8.4	6	7	
Iron, mg	1.8	1.8	1.8	1.8	1.8	0.18	0.6	0.59	0.59	1.8	1.8	1.8	1.8	1.8	1.8	1.8	1.8	1.8	1.8	0.7	1.8	
Zinc, mg	1.5	1.5	1.5	1.5	1.2	0.51	1.65	1.62	1.66	0.75	0.75	0.75	0.75	0.75	0.75	0.75	0.75	0.75	1.15	0.8	0.69	
Manganese, mcg	12	12	12	12	10	1	10	9.5	9.9	5	5	5	5	5	5	25	5	8	84	5	5	
Copper, mcg	250	250	250	250	120	96	289	131	131	90	90	90	90	90	90	75	90	75	126	90	69	
Iodine, mcg	6	6	6	6	15	16	13	13	13	15	15	15	15	15	15	15	15	15	8.9	6	14	
Selenium, mcg	2	2	2	2	2.3	2.2	2.4	2	2	2	2	2	2	2	2	2	2	2	2.6	2	2	
Sodium, mg (mEq)	43 (1.9)	43 (1.9)	43 (1.9)	43 (1.9)	33 (1.4)	37 (1.6)	49 (2.1)	47 (2)	47 (2)	24 (1)	24 (1)	24 (1)	30 (1.3)	30 (1.3)	44 (1.9)	44 (1.9)	30 (1.3)	44 (1.9)	45 (2)	24 (1)	27 (1.2)	
Potassium, mg (mEq)	129 (3.3)	129 (3.3)	129 (3.3)	129 (3.3)	142 (3.6)	85 (2.2)	148 (3.8)	148 (3.8)	148 (3.8)	105 (2.7)	105 (2.7)	105 (2.7)	107 (2.7)	107 (2.7)	118 (3)	108 (2.77)	107 (2.7)	118 (3.0)	150 (3.9)	80 (2.1)	117 (3)	
Chloride, mg (mEq)	81 (2.3)	81 (2.3)	81 (2.3)	81 (2.3)	75 (2.1)	82 (2.3)	115 (3.2)	113 (3.2)	113 (3.2)	65 (1.8)	65 (1.8)	65 (1.8)	65 (1.8)	65 (1.8)	65 (1.8)	62 (1.75)	65 (1.8)	80 (2.3)	60 (1.7)	59 (1.7)	65 (1.8)	
Other Characteristics																						
PRSL, mOsm	27.8	27.8	29.5	27.8	25.2	18.7	29.3	29.3	32.2	18.7	18.7	18.7	19.7	19.7	22.4	22.8	19.7	25.3	28	18.3	19.2	
Water, g	133	109	109	84	120	131	108	108	106	133	133	133	133	133	133	133	133	133	132	134	104	
Osmolality, mOsm/kg H2O	235	280	280	325	250	290	385	385	450	310	310	300	200	200	200	200	180	370	350	280	380	

SHMF = Similac Human Milk Fortifier, CL = Concentrated Liquid, HP = Hydrolyzed Protein, RTF = Ready to Feed

Nutrients per 100 Cal	High-Calorie HMF Options (PTHM + SHMF HP CL + SSC 30)		
	Fortified Human Milk (FHM) = PTHM (25 mL) + SHMF HP CL (1 pkt)	Fortified Human Milk (FHM) = PTHM (25 mL) + SHMF HP CL (1 pkt)	Fortified Human Milk (FHM) = PTHM (25 mL) + SHMF HP CL (1 pkt)
Ratios	Mix 2 parts FHM + 1 part SSC 30	Mix 1 part FHM + 1 part SSC 30	Mix 1 part FHM + 2 parts SSC 30
Cal per fl oz	26	27	28
Calories	100	100	100
Volume, mL	115	111	106
Protein, g	3.36	3.26	3.16
Fat, g	5.61	5.89	6.15
Carbohydrate, g	9.2	8.79	8.41
Vitamins			
Vitamin A, IU	1243	1245	1247
Vitamin D, IU	150	150	150
Vitamin E, IU	4.8	4.6	4.4
Vitamin K, mcg	11	11.3	11.5
Thiamin (Vitamin B1), mcg	234	238	243
Riboflavin (Vitamin B2), mcg	462	507	548
Vitamin B6, mcg	235	239	243
Vitamin B12, mcg	0.58	0.57	0.56
Niacin, mcg	4560	4683	4798
Folic Acid (Folacin), mcg	34.5	35.2	35.8
Pantothenic Acid, mcg	1652	1721	1786
Biotin, mcg	29.6	31.6	33.6
Vitamin C, mg	41.1	39.9	38.9
Choline, mg	12.2	11.6	11
Inositol, mg	29		