



Patient Instructions

for preparation of powdered Similac® infant formulas.

INFANT FORMULA MIXING INSTRUCTIONS: POWDER

- Hypocaloric and hypercaloric formulas should be used under the direction of a physician
- 27 Cal/fl oz or more calorically dense formula may not supply enough water for some infants. Hydration status should be monitored and water supplied from other sources if necessary
- For improved tolerance, it is best to increase caloric density slowly, by 2 to 4-Cal/fl oz increments

- On the next page, please fill out sections 1 or 2.

The following tables show the quantity of water to mix with the number of unpacked, level scoop(s) of powder to arrive at the approximate caloric densities shown. Use only the scoop provided in the container.

1

Caloric Density (Cal/fl oz)	Water, fl oz (mL)	Unpacked, level scoop(s)	Approx. Yield fl oz
20	2 (60)	1	2
22	3½ (105)	2	4
24	5 (150)	3	5½
26	1½ (45)	1	2
27	4¼ (125)	3	5
28	5½ (165)	4	6½
30	5 (150)	4	6

For Select Similac® Containers:
(8.6–8.8 g POWDER PER SCOOP)



2

Caloric Density (Cal/fl oz)	Water, fl oz (mL)	Unpacked, level scoop(s)	Approx. Yield fl oz
20	2 (60)	1	2
22	3½ (105)	2	4
24	5 (150)	3	5½

For Select Similac® Containers:
(8.8 g POWDER PER SCOOP)



Similac® for Spit-Up should not be reconstituted above 24 Cal/fl oz.

FOR HEALTHCARE PROFESSIONALS ONLY

POWDERED SIMILAC® INFANT FORMULA RECIPE

Date: _____

It is important that you use the formula checked by your doctor below and follow the appropriate mixing directions.

Baby's name: _____ Healthcare professional: _____ Patient # _____

1

Caloric Density (Cal/fl oz)	Water, fl oz (mL)	Unpacked, level scoop(s)*	Approx. Yield fl oz
Calories per fl oz	fl oz	level, unpacked scoop(s)	fl oz

For Select Similac® Containers:
8.6–8.8 g POWDER PER SCOOP



2

Caloric Density (Cal/fl oz)	Water, fl oz (mL)	Unpacked, level scoop(s)*	Approx. Yield fl oz
Calories per fl oz	fl oz	level, unpacked scoop(s)	fl oz

For Select Similac® Containers:
8.8 g POWDER PER SCOOP



Similac® for Spit-Up should not be reconstituted above 24 Cal/fl oz.

* Use only scoop provided in container.



QUESTIONS? GET LIVE HELP AT 1-800-986-8800 (M–F, 8:30 AM–7 PM ET)

